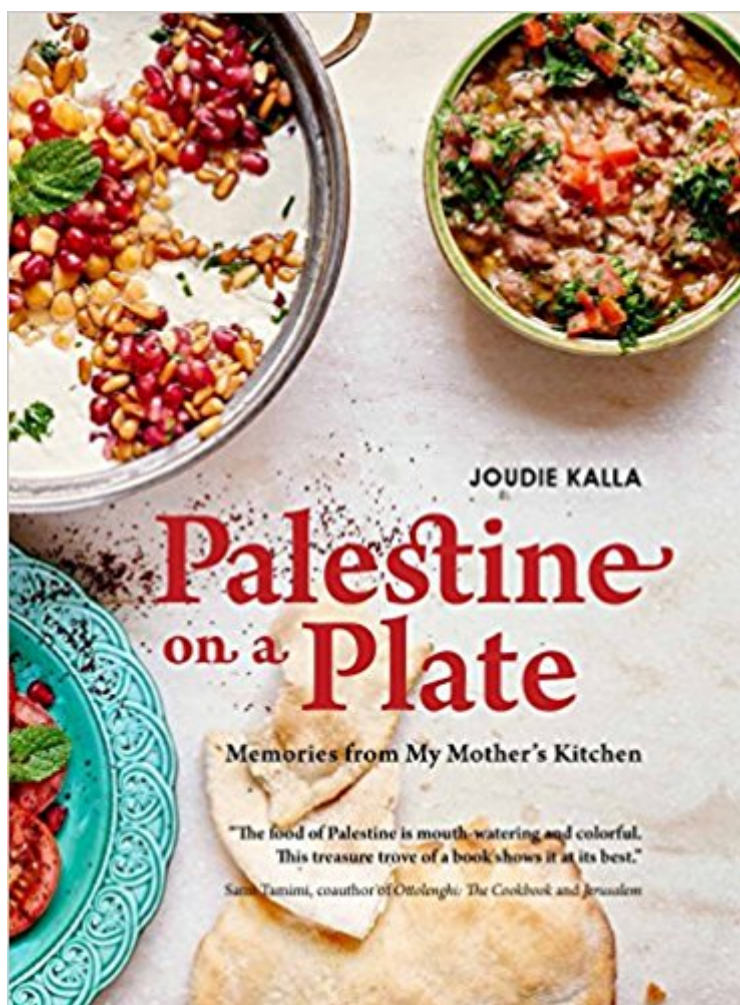


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# Palestine On A Plate: Memories From My Mother's Kitchen



## Synopsis

A BEAUTIFULLY PHOTOGRAPHED CULINARY AND CULTURAL TOUR OF

PALESTINE Palestinian food is not just found on the streets with the ka'ak (sesame) bread sellers and stalls selling za'atar chicken and mana eesh (za'atar and sesame bread), but in the home too; in the kitchens all across the country, where families cook and eat together every day, in a way that generations before them have always done. Palestine on a Plate is a tribute to family, cooking, and home--old recipes created with love that brings people together in appreciation of the beauty of this rich heritage. Immerse yourself in the stories and culture of Palestine through the food in this book. This is a celebration of real Palestinian food, cooked with the ingredients that Joudie's mother and grandmother use, and their grandmothers used before them. Experience the wonderful flavors of Palestine through zingy fattet hummus (tangy yoghurt, chickpeas and hummus, served over toasted pita bread and drizzled in buttered pine nuts), satisfyingly spiced makloubeh (an upside down spiced rice dish with lamb neck and fried eggplant), eggplant and zucchini stuffed full with spiced and herbed lamb, and sublimely decadent awameh (honey dumplings) all accompanied by fresh mint tea and white coffee (not actually coffee at all, but a refreshing mix of water, orange blossom water and sugar). Colorful, stunning photography evoking the vibrancy and romance of the country will bring Palestine into your home and make you fall in love with this wonderful way to cook and enjoy food.

## Book Information

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## Customer Reviews

"The food of Palestine is mouth-watering and colorful. This treasure-trove of a book shows it at its best." --Sami Tamimi, coauthor of Ottolenghi: The Cookbook and Jerusalem" Joudie Kalla is an

exceptionally talented chef with a deep understanding of tradition and ingredients that enables her to create exciting and adventurous dishes." --Lloyd Grossman "Great chefs create memories for us by drawing on their reminiscences: The texture, the flavors, the fragrances, the color of these beautiful creations do just that and so much more."--Nick Crean, owner of chocolatiers Prestat "Joudie probably makes the best Palestinian food I ever tasted; I'm a huge fan of hers. Joudie will make you discover the best Palestinian food." --Tony Kitous, owner of 15 Comptoir Libanais restaurants "I first met Joudie 10 years ago as a frightened young female chef and I watched her grow and develop into the fine outstanding chef she is today. She was definitely a rising star and shining light in my kitchen. She is the foremost expert on Palestinian food and is by far the biggest contributor to making Palestinian cooking the popular cuisine that it is today. --Ian Pengelley, head chef of Chai Wu, Mango Tree, Gilgamesh, and founder of Eight over Eight and E&O

Joudie Kalla has been working as a chef for over 16 years. She trained at London's prestigious Leith's School of Food and Wine and has worked at restaurants such as Pengelley's, Daphne's and Papillon. She has been running her own private catering company for over seven years and holds regular supper clubs. She also ran a hugely popular deli, Baity Kitchen, for three years and hosted Palestinian-themed dinners for Jamie Oliver's Fifteen charity.

Fast shipping and product just as described

This book has brought so much joy to me! I enjoyed reading all the stories behind the recipes! The recipes are so precise and they work! It was the first time I was able to master Zaatar Manaqesh from this book! It is a must in every household

Wonderful book, incredible journey through time, family history, heritage and traditions. While Palestinian cuisine stills alive through this kind of books, Palestine will always exist. Free Palestine

Fabulous book, so happy I own it!

Incredibly authentic while adding a twist on the classics. Love this book and how beautiful it looks on my coffee table. A must have!

Beautiful photos and delicious recipes that are accurate and easy to follow. Also enjoyed reading

the backstory at the beginning of the book.

Great book! Reminds me of my mother's cooking. Loved it!

I have lived in Jerusalem and Jordan fifty years and these recipes are authentic and delicious.

Bravo!

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